

Uplift Oregon

Uplift Your Benefits Workshop

The Workshop

As a new state of Oregon employee, the benefits you are entitled to - like healthcare and retirement - can add tens of thousands of dollars to your overall compensation.

Uplift Your Benefits is a workshop that you take on paid work time to help you make the most of these benefits.

The workshop is required for employees in positions represented by SEIU or AFSCME.

Workshop Schedule

Tuesdays, 1:00 PM - 3:00 PM

Wednesdays, 8:00 AM - 10:00 AM

Wednesdays, 3:00 PM - 5:00PM

Thursdays, 10:00 AM - 12:00 PM

Fridays, 8:00 AM - 10:00 AM

The fourth Monday of the month,
1:00 PM - 3:00 PM

To Register and Find the Full Schedule

Go to your Workday account, [follow this link](#), or scan the QR code:

