



State Benefits Overview



MANAGED BY PEBB

Health insurance (Medical, Dental, Vision)

Choose/affirm your plan annually Oct.1-31 at <https://www.oregon.gov/oha/pebb>

Employee Assistance Program (EAP)

Professional services such as counseling, financial planning and legal advice are available for free or low-cost. <https://cascadecenters.com/>

Flexible Spending Accounts

Set aside part of your pay pre-tax for medical or family care expenses. Restrictions apply and you must use or lose money in 15 month period. Commuter FSA more flexible. <http://asiflex.com/orpebb/>

Optional Insurance Coverage

Additional policies to cover family needs. You pay for these plans. <https://www.oregon.gov/oha/PEBB/Pages/2019-Optional-Insurance-Plans.aspx>

MANAGED BY PERS

Retirement

- Pension + Individual Account Program
 - Oregon Savings Growth Plan
- <https://www.oregon.gov/pers>

MANAGED PER AGENCY

Paid Time Off

Holidays, vacation and sick leave to support employee wellness. See your agency handbook for specifics. <https://www.oregon.gov/das/Pages/policieshr.aspx>

Additional benefits through union membership

Includes additional insurance, tuition assistance, supplemental EAP support, and more. See your union for details.

SEIU503.ORG | OREGONAFSCME.ORG

Information provided by Uplift Oregon.

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Uplift Oregon