

The more you know, the better you can take care of yourself and your family.

Tailored for new state employees, in this workshop, they will get an overview of the range of benefits that are available to them as a new state employee and learn why so many people say the State provides great benefits!

[Register on Workday](#)

SCAN
TO
SIGN UP



This workshop covers:

- Health insurance options
- Retirement
- Types of Leave
- Public Service Loan Forgiveness
- Flexible Spending Accounts
- Employee Assistance Program
- Other optional insurance
- Roles of unions



BROUGHT TO YOU BY UPLIFT OREGON

Uplift Your Benefits Workshop



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Did you know unions and management have worked together to make these benefits possible?

Uplift Oregon is a labor management partnership that the State of Oregon, SEIU 503, and AFSCME Council 75 created as part of the Bargaining Agreement of 2019. Uplift was developed to build and deliver consistent and quality education in benefits, wellness, and equity to State employees.