

Uplift Oregon

Uplift Your Benefits Workshop

As a new State of Oregon employee, the benefits you are entitled to can positively affect your finances, health, and retirement.

Uplift Your Benefits is a workshop that you take on paid work time to help you make the most of these benefits.

The workshop is required for new state employees, and is most helpful when taken before choosing your healthcare and retirement packages.

Workshop Schedule

Tuesdays, 1:00 PM - 3:00 PM

Wednesdays, 8:00 AM - 10:00 AM

Thursdays, 10:00 AM - 12:00 PM

Fridays, 8:00 AM - 10:00 AM

To Register and Find the Full Schedule

Go to your Workday account, [follow this link](#), or scan the QR code:

