

2024 Service Update Summary

Changes Across All Medical Plans:

- All medical plans will be offering new reimbursements for eligible travel, food, and lodging expenses when receiving treatment far from home. This applies when you don't have access to an in-network provider within 50 miles of your home, covered services aren't available in your state, and/or treatment is recommended at a center of excellence. The maximum reimbursement is up to \$5,000 per year.
- Over-the-counter COVID-19 tests will no longer be covered by medical plans.

Providence Health Plans:

- Prior authorization is required if you need more than 12 physical therapy visits/year.
- Covers medications for sexual dysfunction.
- Expanded facial electrolysis coverage for female members diagnosed with Polycystic Ovarian Syndrome (PCOS).
- Covers fertility drugs with no annual maximum.
- The **Choice Plan** will no longer require a referral to see a specialist.
- The **Statewide Plan** has added a massage therapy benefit.
- Has increased Behavioral Health Virtual Solutions:
 - Talkspace: telehealth provider of virtual psychotherapy for adults and teens ages 13+
 - Equip: virtual eating disorder treatment for kids and young adults ages 6-24 using Family Based Treatment (FBT)
 - Charlie Health: Intensive Outpatient Program (IOP) delivered virtually, available 24/7 for teens and young adults ages 11-30.

Kaiser Permanente:

- Covers fertility drugs with no annual maximum.
- Increased copays for emergency room visits
 - **Traditional Plan:** \$150
 - **Deductible Plan:** \$150 after the deductible has been met
- Expanded digital treatment options:
 - Maternity care at home
 - Remote patient monitoring
 - KP@Home: hospital care at home

Moda Health Plan:

- Covers medications for sexual dysfunction.
- Expanded facial electrolysis coverage for female members diagnosed with Polycystic Ovarian Syndrome (PCOS).
- Covers fertility drugs with no annual maximum; medical fertility is covered at 100% up to a \$25,000 annual maximum.
- Copay Max Plus copay program: this program allows you to utilize manufacturer assistance to offset the cost of certain medications at the point-of-sale. The amount you pay after the manufacturer's assistance will apply to your pharmacy deductible.
 - Example: If a drug costs \$100 but there is a manufacturer's assistance program that will cover \$90, you will only pay \$10 at the point-of-sale. That \$10 payment will count toward your pharmacy deductible and medical maximum cost share.
 - If you are already in a program for a drug that falls under the Copay Max Plus program, you'll receive a letter in November.
- Access to Virta Health: provider-led treatment that can help reverse Type 2 diabetes.
- Access to Spring Health: behavioral health telehealth services through your phone, tablet, or computer. Services include:
 - Mental health therapy
 - Psychiatry
 - Care navigation
 - Digital cognitive behavioral therapy (CBT)