Uplift Oregon

Uplift Your Benefits Workshop

As a new state of Oregon employee, the benefits you are entitled to - like healthcare and retirement - can add tens of thousands of dollars to your overall compensation.

Uplift Your Benefits is a workshop that you take on paid work time to help you make the most of these benefits.

The workshop is required for new state employees, and is most helpful when taken before choosing your healthcare and retirement packages.

Workshop Schedule

Tuesdays, 1:00 PM - 3:00 PM

Wednesdays, 8:00 AM - 10:00 AM

Wednesdays, 3:00 PM - 5:00 PM

Thursdays, 10:00 AM - 12:00 PM

Fridays, 8:00 AM - 10:00 AM



Go to your Workday account, **follow this link**, or scan the OR code:



