



Uplift Oregon

Delivered by RISE Partnership

Open Enrollment Resources

Uplift Oregon

- [Website](#)
- [Workshop schedule](#)

Public Employees' Benefit Board (PEBB)

- [Website](#)
- [Enrollment guide](#)
- [Summary of changes](#)
- [Benefits plan summary](#)
- [Premium estimator tool](#)
- [Online plan comparison tool](#)
- [Explore your benefits e-learning tool](#)

Medical, Dental, and Vision

Medical

- [Kaiser Permanente](#)
- [Moda Health](#)
- [Garner](#)

Vision

- [Kaiser Permanente](#)
- [VSP](#)

Dental

- [Delta Dental](#)
- [Kaiser Permanente](#)
- [Willamette Dental](#)



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Additional Insurance

Life and Accidental Death & Dismemberment Insurance

- [Life and AD&D](#)
- [Employee life coverage](#)
- [Spouse and domestic partner life coverage](#)
- [Dependent life coverage](#)
- [Optional AD&D](#)

Disability Insurance

- [Paid Leave Oregon](#)
- [Short-term disability](#)
- [Long-term disability](#)

Additional Resources

Wellness

- [PEBB Wellness Central](#)
- [Revive](#)

Financial Wellness

- [Flexible Savings Accounts \(FSAs\) and commuter benefits](#)
- [Public Employees Retirement System \(PERS\)](#)
- [Oregon Savings Growth Plan \(OSGP\)](#)